# Stay Connected

Wisconsin Alzheimer's Disease Research Center
UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH




## Wisconsin Alzheimer's Disease Research center (ADRC)

Visit **adrc.wisc.edu** to find free events and classes, caregiver resources, open studies, research news, and more.

- *Headlines* e-newsletter
- *Dementia Matters* podcast
- Healthy Living with Mild Cognitive Impairment (MCI) educational series
- Healthy Living While Caregiving educational series
- Get Movin' and Minds in Motion exercise classes
- Precious Memories choir

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Sign up for the *Headlines* e-newsletter to receive updates on news and events from the Wisconsin ADRC.

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## Listen to the *Dementia Matters* podcast

Hosted by Nathaniel Chin, MD, the show features interviews from scientists, clinicians, caregiving experts and more to share the latest in Alzheimer's disease news, research, and caregiver resources.

Visit **dementiamatters.adrc.wisc.edu** to learn more.